



<b>Health Grade 7</b> <b>(Committing Self)</b> <b>Decision-Making (DM)</b>				
<b>OUTCOMES</b>	<b>1 – Little Evidence</b> With help, I understand parts of the simpler ideas and do a few of the simpler skills.	<b>2 – Partial Evidence</b> I understand the simpler ideas and can do the simpler skills. I am working on the more complex ideas and skills.	<b>3 – Sufficient Evidence</b> I understand the more complex ideas and can master the complex skills that are taught in class. <b>I achieve the outcome.</b>	<b>4- Extensive Evidence</b> I have a deep understanding of the complex ideas, and I can use the skills I have learned in situations that were not taught in class.
<b>DM 7.8</b> <b>I can examine and demonstrate personal commitment in making health decisions related to blood-borne pathogen information, safety practices, harmonious relationships, food choices, interpersonal skills and morality.</b>	<b>•I can identify</b> benefits of using a decision-making process.	<b>•I can describe</b> different types of decision-making processes	<b>•I can describe</b> the role of personal commitment in making decisions.	<b>•I can propose</b> ways to build personal commitment into the decision-making process.
	<b>•I can demonstrate</b> personal commitment in making healthy decisions related to <b>A FEW:</b> <ul style="list-style-type: none"> <li>- Blood-Borne Pathogen Information</li> <li>- Safety Practices</li> <li>- Harmonious Relationships</li> <li>- Food Choices</li> <li>- Interpersonal Skills</li> <li>- Morality</li> </ul>	<b>•I can demonstrate</b> personal commitment in making healthy decisions related to <b>MANY:</b> <ul style="list-style-type: none"> <li>- Blood-Borne Pathogen Information</li> <li>- Safety Practices</li> <li>- Harmonious Relationships</li> <li>- Food Choices</li> <li>- Interpersonal Skills</li> <li>- Morality</li> </ul>	<b>•I can demonstrate</b> personal commitment in making healthy decisions related to <b>ALMOST ALL:</b> <ul style="list-style-type: none"> <li>- Blood-Borne Pathogen Information</li> <li>- Safety Practices</li> <li>- Harmonious Relationships</li> <li>- Food Choices</li> <li>- Interpersonal Skills</li> <li>- Morality</li> </ul>	<b>•I can propose</b> when personal commitments might be supported and/or threatened when making decisions related to: <ul style="list-style-type: none"> <li>- Blood-Borne Pathogen Information</li> <li>- Safety Practices</li> <li>- Harmonious Relationships</li> <li>- Food Choices</li> <li>- Interpersonal Skills</li> <li>- Morality</li> </ul>
Comments				



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<b>OUTCOMES</b>	<b>1 – Little Evidence</b> With help, I understand parts of the simpler ideas and do a few of the simpler skills.	<b>2 – Partial Evidence</b> I understand the simpler ideas and can do the simpler skills. I am working on the more complex ideas and skills.	<b>3 – Sufficient Evidence</b> I understand the more complex ideas and can master the complex skills that are taught in class. <b>I achieve the outcome.</b>	<b>4- Extensive Evidence</b> I have a deep understanding of the complex ideas, and I can use the skills I have learned in situations that were not taught in class.
<b>AP 7.9</b> <b>I can examine health opportunities and challenges to establish personal commitment goal statements related to blood-borne pathogen information, safety practices, harmonious relationships, food choices, interpersonal skills and morality.</b>	<ul style="list-style-type: none"> <li>• I can <b>identify</b> personal health challenges related to <b>MANY</b>:                             <ul style="list-style-type: none"> <li>- Blood-Borne Pathogen Information</li> <li>- Safety Practices</li> <li>- Harmonious Relationships</li> <li>- Food Choices</li> <li>- Interpersonal Skills</li> <li>- Morality</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• I can <b>construct</b> personal goal commitments related to <b>MANY</b>:                             <ul style="list-style-type: none"> <li>- Blood-Borne Pathogen Information</li> <li>- Safety Practices</li> <li>- Harmonious Relationships</li> <li>- Food Choices</li> <li>- Interpersonal Skills</li> <li>- Morality</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• I can <b>construct</b> personal goal commitments related to <b>ALMOST ALL</b>:                             <ul style="list-style-type: none"> <li>- Blood-Borne Pathogen Information</li> <li>- Safety Practices</li> <li>- Harmonious Relationships</li> <li>- Food Choices</li> <li>- Interpersonal Skills</li> <li>- Morality</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• I can <b>propose</b> strategies of commitment necessary to meet my individual goals related to <b>ALL</b>:                             <ul style="list-style-type: none"> <li>- Blood-Borne Pathogen Information</li> <li>- Safety Practices</li> <li>- Harmonious Relationships</li> <li>- Food Choices</li> <li>- Interpersonal Skills</li> <li>- Morality</li> </ul> </li> </ul> <p><b>AND</b> revise my goal statements as necessary.</p>
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